

# Joint and Muscle Problems? Aches and Pains? Choose Livingston Chiropractic to Restore Your Body

## Chiropractic care can help with:

- Neck, mid and low back pain or stiffness
- Headaches
- Arm, shoulder, elbow or hand problems
- Hip, knee, ankle or foot pain
- Sporting injuries
- Numbness or tingling in the arms or legs
- Tension, stress and fatigue
- Pregnancy, babies and breastfeeding
- Poor posture

Not sure if chiropractic may be suitable for you? We offer free, no obligation, spinal screenings.

Livingston Chiropractic is located in the Bellsquarry area of Livingston, just off the A71. Free parking is available outside.

For more details visit our website [www.livingstonchiropractic.co.uk](http://www.livingstonchiropractic.co.uk) or telephone us on 01506 238384.

# Livingston Chiropractic

## 01506 23 83 84

[www.livingstonchiropractic.co.uk](http://www.livingstonchiropractic.co.uk)

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